

University of Pretoria Yearbook 2022

Sports injuries II 210 (EXE 210)

Qualification Undergraduate

Faculty Faculty of Health Sciences

Module credits 16.00

NQF Level 06

Prerequisites EXE 110

Contact time 3 lectures per week

Language of tuition Module is presented in English

DepartmentBiokinetics and Sports Science

Period of presentation Semester 1

Module content

*Closed – requires departmental selection injuries, knee injuries, and shoulder injuries. Sport-16 specific injuries, sports massage, and advanced CPR.

Overuse injuries, lower limb

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